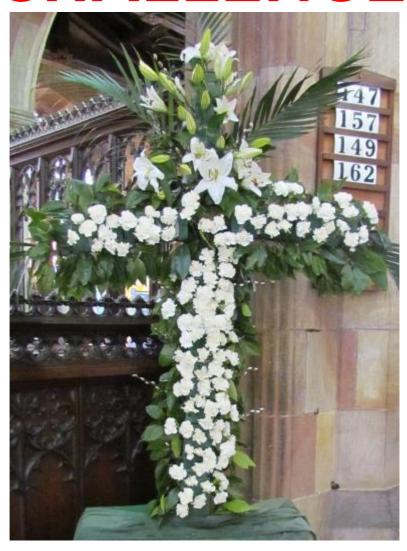
CHALLENGE



The Parish Magazine of St Mary Sandbach

March 2024 £1 Volume 60 No 701



Individual help Heather Bottomley hb-abillTy

Internet
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Tel: 01270 768744 heather@hb-ability.co.uk

Church Information

There's plenty of information on our new website

www.stmaryschurchsandbach.org

SandbachChurch

Office 07771 391667

St Mary's Church, High Street Sandbach, CW11 1AN

St Mary's Thursday Teas

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March 2024

Sunday 3rd March Lent 3	8.00 am 10.00 am	Holy Communion Morning Worship	
Sunday 10th March Lent 4 / Mothering Sunday	8.00 am 10.00 am	Holy Communion Parish Eucharist	
Sunday 17th March Lent 5	8.00 am 10.00 am 3.30 pm	Holy Communion Family Worship and Communion Choral Evensong	
Sunday 24th March Palm Sunday	8.00 am 10.00 am 6.00 pm	Holy Communion Parish Eucharist The Passion (see separate notice)	
Thursday 28th March Maundy Thursday	7.30 pm	Eucharist	
Friday 29th March Good Friday	10.00 am to 2.00 pm 2.00 pm 7.30 pm	Stations of the Cross Led Meditation Service of Shadows	

Holy Eucharist, Parish Eucharist - Order 1 Common Worship Holy Communion - Order 2 Book of Common Prayer

Sunday 31st March 2.00 am British Summer Time Begins - clocks forward 1 hour

(Dall)

Sunday 31st March	6.00 am	Dawn Service -
Easter Day		followed by Breakfast NO 8.00 am service
	10.00 am	Easter Family Service and Communion
Sunday 7th April	8.00 am 10.00 am	Holy Communion Morning Worship

From the magazine. Bee's ser Lent focus

Welcome to the March edition of the magazine.

Bee's sermon on the first Sunday of Lent focused on the importance of prayer. It was thought provoking as she

asked us questions such as: when do you pray; how often do you pray; where do you pray and how do you pray. There are a number of prayers in this edition focusing on the seasons of Lent and Easter.

Reports from previous events and plenty of other exiting evenings on the cards including a quiz and a ceilidh. Get your tickets early to avoid disappointment.

One important point this month is the deadline for the April edition, it's unusual in that it is

Wednesday 20th March

Letter from Bee

ast night I had the pleasure of going to see Bob Marley One Love, a biopic film about Bob Marley and the Wailers. I have always been a fan of Bob and a bit of reggae. You may know there are a few links with Jamaica in my family history. Seeing this film was a hit for many reasons even after a long and busy day, the music and images of this beautiful island can lift anyone's spirit. But there was also a serious tone to the film too, a mix of humanity, faith and hope.



I have been chewing over something that was said to Bob in the film 'sometimes the messenger has to become the message'. I found it really challenging. We would, I think rightly say that Jesus is the messenger that becomes the message. He came to be among us so that we might hear the message and teachings of God's purpose and will, of Love, forgiveness, salvation and the kingdom of God. He came fulfilling many prophecies about the coming Messiah who would redeem humanity and be the culmination of God's plan. He was the message too however as he embodied love and grace throughout his life, his teachings, his acts of compassion and sacrifice. He lives the life that he is teaching others to live by: he walks the walk and talks the talk! He is the message as we believe that faith in Jesus the Messiah and Son of God in the path to Salvation.

Through Lent we go on a journey of self-reflection and repentance. We do this as a way of preparing for Easter

so that we might know more deeply need the Good News of Easter Day and Jesus Rising from the tomb. Through this continued season of Lent and Easter to come, we must also be both messengers and message of this goog news as disciples and followers of Jesus. **Bee**

Regular events and services				
Mondays	9.00 am	Tiddlers		
Tuesday &	9.30 am	Morning Prayer in church		
Thursday				
Tuesdays	7.00 pm	Prayer Meeting in church		
Wednesdays	11.00 am	Holy Communion. After		
		service, during Lent lunch		
		followed by book group		
Thursdays	9.00 am	Thursday Teas (except first		
		Thursday of month)		
Fridays	5.15 pm	Choir Practice - contact		
-		Kevin Birch (760778)		
First	10.30 am	Bereavement Group -		
Thursday of the month		contact Bee for details		
First Sunday	9.00 am	Music group practice		
of the month		before the service - contact		
		Heather Bottomley		
		(768744)		

Coffee Rota			
3rd March	Jean Richardson and Jo Williams		
10th March	Stella Craven and Angela Speedy		
17th March	Kath Davies and Kath Beech		
24th March	Janet Hides and Ellie Palfreman		
31st March	Jim Thompson and Iris Kenilworth		

Blister packs

Following on from the article last month about recycling soft plastics at your supermarket the Rotary Club are also running a scheme to recycle empty pill blister packs.



Lookout for a box at the back of church where you can deposit them for collection by Rotary.

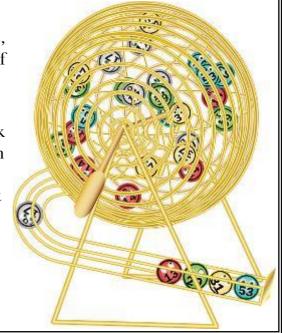
Bingo night

tension mounted.

A great night of entertainment was enjoyed by 55 BINGO players in February. Plenty of excitement and at times, usually towards the end of a round, total silence as

Some lucky winners took home prizes ranging from a Club Biscuit to a £20 John Lewis / Waitrose gift card.

There was also a raffle with quality prizes and in total the evening raised £480 for church funds.





Saturday 9th March 7pm in the Hall

Join a team on arrival (maximum 6 players)

Please bring your own snacks and

drinks

Raffle

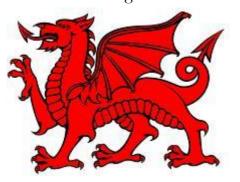
Tickets £5

Tickets from Wardens, Thursday

St David's Day 1st March

Who links daffodils with leeks, sessile oak trees and red kites? Answer: St David of Wales on 1st March when everything Welsh is celebrated.

Traditionally Welsh people would wear a leek on St David's Day, but more recently this has been replaced with the flower of Wales, the wild daffodil, also known in English as St Peter's leek. Other much-loved symbols of Wales include the Welsh Harp, the Welsh Oak or Sessile Oak, the Red Kite and a Red Dragon.



Saint David was born in Wales and became Bishop of Mynyw, which is better known today as St David's, the smallest city in Britain. City status was awarded in 1995 although the roots of St David's go back to the 5th Century when he lived there. The city was designated as a conservation area by the Pembrokeshire Coast National Park in 1972.

While there are well documented accounts of St David's life the details are not always precise, for example, the date of his birth and death range from 462-512 to 500–589.

David is believed to be son of a prince and a nun. His mother, Non, is also recognised as a saint and she is celebrated on 2nd March. David was canonised in 1120 and was declared Patron Saint of Wales.

It was not until the 19th Century that the wild daffodil emerged as an alternative emblem for the leek that was traditionally worn by Welsh warriors to distinguish them from the enemy when they went into battle.

The wild daffodil became fashionable when Lloyd George wore a daffodil on St David's Day and encouraged its use at the investiture of the Prince of Wales in 1911. Daffodils, of course, are usually in plentiful supply on St David's Day, and smell sweeter than leeks!

In 2007 the people of Wales voted the Red Kite as the most popular bird in Wales, and it was adopted as the national symbol of Wales for wildlife.

The Welsh Oak is not only a symbol of strength and endurance but also a living testament to the nation's deep rooted connection with nature. This tree's history is intertwined with Welsh folklore, where it is celebrated for its robustness and longevity.

The Welsh Harp is an icon of Welsh pride and cultural heritage that has been associated with bards of old to modern musical events, especially in Welsh arts festivals known as Eisteddfod. The instrument was not invented in Wales, it was

created in Italy in the 16th Century.

As for the red dragon, it is thought that the Welsh kings of Aberffraw, a village community on the south west coast of the Isle of Anglesey in Wales, first adopted the dragon in the early 5th Century in order to symbolise their power and

authority after the Romans withdrew from Britain. Later, around the 7th Century, it became known as the Red Dragon of Cadwaladr, who was the King of Gwynedd from 655 to 682.

A reflection on The Lord's Prayer

(Matthew 6:1-18)

Our Father in heaven, please help us. We, Your children, learn slowly.

So often we say nothing when Your name is mis-used.

Often our lives do not reflect Your ways,

Mostly we do what we want on earth, And this can make heaven unimaginable.

We expect so much more than we actually need each day.

Sometimes we think we don't need forgiveness,
Sometimes we think we are unforgivable,
And we forget that other people make these same errors of thinking.

When it comes to temptation, we find our own ways,

We are confused about what is and is not evil,
We are confused about deliverance,
We are confused......

And here is the wonder, the grace and the mystery,
That You know us completely,
Our failings, our secrets,
And love us forever and ever,
Amen.

By Daphne Kitching

The next evensong is at the winter time of 3.30 pm:

Sunday 17th March

The Passion

Sunday 24th March

6pm at St Mary's Church

Lamps Theatre Company will be performing the passion.

Tickets are £5 and available from the office and after services. - do invite a friend.

A good start to Holy Week and great for people to engage with the Easter Story.



Tickets: Adults: £12.00

Snr Citizens/

Concessions: £11.00

Doors Open 6.30 pm

Wednesday 27th March 7 pm Alex Rider - Harp

JS Bach, Saint-Saëns and Fauré

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The Bread of Life

Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry,' John: 35

Bread is one of the three staple foods that form the foundation of the diet for everyone on the planet. The other two are rice and pasta. While it is difficult to provide accurate figures, in general bread in its various shapes, flavours and textures is consumed by about 80% of the world's population while over 50% of the world's population depend on rice for about 80% of its food requirements. Pasta is also popular worldwide with most UK, European and American people eating it regularly.

Bread dates back to Biblical times and there is extensive evidence of it being made and consumed in Egypt some 10,000 years ago. It was a staple of Egyptian food and everyone from the pharaoh to peasants ate it.

Clearly, when Jesus said 'I am the bread of life' he knew that everyone would understand what he meant, both then, now and in the future. It was no coincidence that during his last meal with his disciples that he took the bread, broke it, and shared it after making his

declaration.

Even though Christians around the world re-enact this at every Holy Communion service, the Maundy Thursday service takes

on a special significance, especially when it includes washing of the feet and ends with the stripping of the altar and other vestments from the church, and the departing in silence.

If you have never attended a Maundy Thursday service you should make a point of doing so in the future. It is a very special and moving service.

Food Bank

The Sandbach food bank had it's busiest year last year and things show no sign of slowing down. Our total annual number of referrals jumped up from a steady 140 during 2019 (an average of around 2.5 per week) to around 260 during the covid pandemic (an average of around 5 parcels per week).

In 2022 we saw a further jump to around 400 referrals, doubtless due to the cost of living increase, and last year our total was 438 referrals (an average of around 8.5 per week).

The winter months are the hardest for people with the additional costs of heating and lighting and Christmas shopping, and in February last year we had our highest weekly average of more than 11 referrals, with 15 referrals in our busiest week.

As well as referrals having quadrupled in the last 4 years, donations (of food and money) **have dropped off considerably** to the extent that we are having to dip into our reserves to do a weekly big supermarket shop to top up items in short supply.

The season of Lent is nearly upon us and as thoughts turn to how we can make sacrifices during this period perhaps you would consider including the Sandbach Food Bank. We are very happy to receive donations of money or food and the

items we are always in need of are as follows:

tinned meat and meals; tinned vegetables; tinned fruit; tinned rice pudding; tea bags; instant coffee; packets of long grain rice; long life fruit juice; uht milk; and breakfast cereals.

Please speak to one of the volunteers or send an email to sandbachfoodbank@gmail.com for account details or more information. Thank you for your support.

Karen Foster

Sandbach food bank operations manager.

St Mary's Events



- * Saturday 9th MarchQuiz Night
- Saturday 4th May Ceilidh
- * Saturday 26th October
 Autumn Fair

Almighty, God,

You hold all things in Your hands. You make sense of everything!

So often we only see where we are now, what we feel now, in this moment – but You know the end from the beginning.

In all our troubles, our assurance is in Your sovereignty, in Your mighty act of salvation.

Thank you that, just as after winter comes spring and after night comes morning, so, most gloriously, after death on Good Friday, comes resurrection on Easter Day!

Christ is Risen – and we can know, by the indwelling of his Holy Spirit, that He is risen indeed!

We can know, in our real and every-day lives, where our help comes from.

Hallelujah! Thank you, living Lord, In Jesus' name. Amen.



Where does charity begin?

Have you ever had a good look at the attractive carved wooden box with painted decorative ironwork which sits on its own carved stone corbel bracket next to the door which leads into the south porch? Do you know what it is? (The clue is in the lid and the provision for two locks). More of this later!



Most of you will be familiar with the word "vestry" – choir vestry, clergy vestry, etc. - and some will be familiar with the Annual Vestry Meeting which elects the churchwardens. (Sonamed because it originally met in the church or in the vestry.)

For many centuries, until the late 19th century, the Vestry Meeting (usually chaired by the Rector or Vicar) had wide-ranging powers and responsibilities. The parish was responsible not just for the spiritual needs of the parishioners and the maintenance of the church building but, with the collection of taxes, functions such as minor law enforcement, civil registration (births, marriages and deaths), maintenance of roads and care of the poor. At the annual meeting an "overseer of the poor" would be elected with responsibility to administer poor relief such as money, food and clothing.

For the wealthy, a bequest of land or property or money was a display of virtue and around the church are several references of such gifts for the benefit of the poor and needy. At the west end is a memorial to Sarah Daniels who, in her will of 1837, left £300 to provide

In the chancel is something rather remarkable. When the church was restored in 1847-49, the stonemasons were directed to cut in the stone walls the names of parish benefactors. The list on the north side shows how, in the 17th century, a total of £420 was raised by subscriptions

Be it Remembered, that Sarah Daniels)
Late of Sandbach, in the County of Chefter, Spinfter,
by her Last Will, and Testament bearing Date on the
Sixteenth day of October One Thousand Eight Hund
red and Thirthy seven, Gare and Beaqueathed,
Three Juniared Hounds, to the Truftees of
Sandbach Charities, the Interest and Dividends
and Proceeds where of she directed Should be
Paid Half-yearly, or Otherwise, as the same Should.

ranging
from £40
donated by
William
Liversage
Jnr., of
Wheelock
to £1 by
William

"loaves of bread for the poor being sober and who attend divine service." Somewhat earlier, Francis Welles, in his will of 1694, left land, the rent from which was to provide "12 one penny loaves of bread to be given each Sunday to poor persons of the town." Margaret Goodfellow, in her will of 1797, made provision for "the poor housekeepers of the parish." Lingard, Rector of Warmingham. The money was used in 1673 to buy land and properties in Staffordshire and when coal was found underneath Burslem it became a nice little earner.

The rents and profits were used for a variety of things, including assistance to the poor of the parish, but in 1848 a new scheme for the

operation of the charity allowed for the building of the Almshouses and Sandbach School with headmaster's house. And we all know who the architect was, don't we? George Gilbert Scott.

So, what is the decorated wooden box by the south door? It's an alms box, or poor box, where parishioners could put in small amounts of money on their way out of

church. This money would be used to assist the poor and needy. How old is it? Not sure! It could have been there before Scott restored the church in 1849; or he might have replaced the box on the original corbel; or it might all have been fabricated in 1849 to fit with his idea of a Perpendicular Gothic church. At the moment, my money's on the last one.

John Higgins

Be still and know by Mary Judd

Be still and know that I am God As we sat and listened, nothing could I hear. O God open my ears.

As we sat and looked around, nothing could I see. O God open my eyes.

As we sat to read, no book could be found. O God give me your word.

As we sat to be in your presence, nothing could I feel.

As we sat my senses awoke, My ears could hear, my eyes could see.

As we sat the peace came, I was filled with the Holy Spirit Thank you God. **Amen**

WORLD DAY OF PRAYER

I beg you, bear with one another in love

FRIDAY 1st MARCH

Service at St. John's, Sandbach Heath 2.00pm

SUNDAY 3rd MARCH

Service at the Wesley Centre, Sandbach 6.30pm

The service this year has been prepared by an ecumenical group of Christian women from Palestine, the land in which Jesus was born, ministered and died, where the Christian faith began and is rooted.



Everyone welcome.

Enquiries 07791 47813

Our God, you God of all mankind

God of all things so we find
God of heaven, earth, rivers, seas
Making all as you do please
God of sun and moon and each start
Things that be near and things far
God of high mount, lowly valley
You the great Creator be

God over heaven, and in heaven
Life unto all you have given
God under heaven, for you dwell
In heaven, earth, sea, we tell
And live in all things that therein
Are, let fresh praises begin
He inspires, give life to all things
Of Him His creation sings

He over all things, He supports
All things, different kinds and sorts
He makes the light of sun to shine
His surrounds the moon, stars fine
He has made wells in the dry earth
Islands in seas brings to birth
Father, Holy Spirit, and Son
Three in One while ages run

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All proceeds to church funds





Mothering Sunday 10th March

Have you ever wondered who the world's most famous mother is? Is it Marie Curie, Mother Teresa – who technically was not a 'birth mother' – Cleopatra?.

For Christians, the world's most famous mother must be Mary, the mother of Jesus, while for Jews there is the choice between Sarah, Rebekah, Leah and Rachel ... and then, of course, there is your own mother!

In the UK, and many countries around the world, we celebrate our Mother Church, by giving thanks to God for his gift, and our parental mothers on the fourth Sunday of Lent. This dates from a 16th Century tradition when people were given a day off work to travel home to attend a service at their Mother Church.

This naturally developed into visiting parental mothers at the same time and by the 17th Century the tradition

had evolved into taking your mother a gift of a Simnel cake that would be eaten on Easter Sunday. Toasted 'eggs' around the edge of the marzipan covered fruit cake represent the 11 disciples of Jesus – Judas is not included because it is an 'Easter Sunday' cake.

We all have different reasons for giving thanks to God for both our mother church and our mothers. Here are a few thoughts about mothers and motherhood from some well-known (and unknown) people:

'All that I am, or hope to be, I owe to my angel mother.'Abraham Lincoln.

'When you look into your mother's eyes, you know that is the purest love you can find on this earth.'- Mitch Albom.

'Life doesn't come with a manual, it comes with a mother.' - Unknown.

'The natural state of motherhood is unselfishness.' -Jessica Lange.

From the Archives





This month we are in School Lane Elworth looking at St Peter's Church Hall that opened in March 2012. In the lower image we see the original hall that was destroyed by fire in 2010. Built as a school in 1848 before becoming the Church Hall in 1966 when the new Elworth CE Primary school was



Questions and Answers

What's the best way to study the Bible? You Luke into it!

When is medicine first mentioned in the Bible? When God gave Moses two tablets!

Did Eve have a date with Adam? No, just an apple!

What did Adam say to Eve when handing her something to wear? Take it or leaf it!

Who was the fastest runner in the race? Adam, because he was first in the human race!

What's a miracle that can be done by a complainer? Turning anything into whine!

How do you know that atoms are Catholic? They have Mass!

Destination

Lenora, 95-years-old and in excellent health, confided that she was terribly worried: "Every one of my friends has already died and gone on to heaven. I'm afraid they're all wondering where I went!"

St Patrick's Day

"I married an Irishman on St Patrick's Day."

"Oh, really?"

"No, O'Reilly!"

Just like mum...

That dessert was delicious. Did you buy it yourself?

Church Contacts

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Magazine Editor	John Bottomley jandhbottomley@gmail.com	768744		

Challenge

If you have any information or events that need publicising, or you would like to write an article, please contact the editor.

Articles must be received by Wednesday 20th March

www.stmaryschurchsandbach.org

Donations

If you would like to donate funds for the running, repairs and mission of St Mary's then please use one of the following methods:

- Standing Order
- Contactless machine in church
- QR code (using JustGiving)

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Magazine deadline March edition

Wednesday 20th March

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